



THE CANBERRA REX HOTEL
& SERVICED APARTMENTS

BRIDGE 2020



THE CANBERRA REX HOTEL
& SERVICED APARTMENTS

Cold Kiosk All Day

\$5 MUFFINS

1. Large Salted Caramel Muffin 120 g
2. Large Apple & Cinnamon Muffin 120 g
3. Large Blueberry Muffin 120 g (GF)
4. Large Chocolate & Hazelnut Muffin 120 g

\$3 MUESLI BAR

1. Choc chip
2. Strawberry yoghurt
3. Forest fruits

\$6 FRUIT SALAD

\$4 ASSORTED mix DANISHES

1. Vegan Raspberry Croissant 90 g
2. Pretzel Sweet 150gr
3. Cinnamon Swirl 100 g
4. Pain au Chocolate 90gr
5. Cronut 60 g
6. Maple Pecan 95gr

Hot Kiosk Lunch 12.15-14:00

- \$7 BEEF PIES (Fixed)
- \$6 SAUSAGE ROLLS (Fixed)
- \$6 STRUDEL TOMATO & ROCKET (Fixed)
- \$6 STRUDEL SPINACH & FETTA (Fixed)
- \$6 HAM AND CHEESE DANISH (Fixed)
- \$6 SPINACH & RICOTTA ROLLS (Fixed)
- \$10 REX BURGER (fixed- limited amount per day ex. 30-50??) (beef and chicken alternate)
- \$4 PORTUGUESE TARTS

Cold Kiosk Lunch 12.15-14:00

3 SALADS

- \$7 Leafy (garden, etc)
 1. Rocket walnut parmesan
 2. Garden salad
 3. Shaved fennel, spinach and almond
 4. Green bean, cherry tomato, feta, mesculen
 5. Coleslaw, raisins, nuts, Peanut Dressing
- \$8 Filling (grain/pasta/potato) ,
 1. Potato salad, bacon, spinach, onions, mustard seeds
 2. Pasta Fusilli salad, semi dried tomato, parmesan, olives, pesto mayo
 3. Cous cous salad, cranberry, pepita, sunflower seed, chia, beetroot
 4. Thai beef noodle salad, green papaya, bean sprout, crushed peanut
 5. Brown rice salad, roasted pumpkin, cashew, super food seeds
 6. Beetroot, Chick peas, haloumi and mandarin
 7. Lentils & Sweet Potato Salad
 8. Quinoa & Freekeh Salad
- \$9 Chicken Caesar Fixed

SANDWICHES

3 Salad

\$8 **MEAT**(baguette / ciabatta / focaccia roll/ wrap/ brioche)

1. Lamb souvlaki - pulled lamb, Fetta, tzatziki, red onion, tomato, mesculen
2. Peri peri chicken – peri peri chicken, capsicum dip, cucumber, red onion, spinach
3. BLT – bacon, cos lettuce, tomato, Bbq sauce, scramble egg/ fried egg?
4. Tuna, Capsicums, Corn, Spanish Onion & Sundries tomatoes
5. Chorizo, sweet mustard, tomato, rocket, parmesan, pickle cucumber
6. BBQ pork – pulled pork, pickled cabbage, garden herbs

\$8 **VEG** (baguette / ciabatta / focaccia roll/ wrap/ brioche)

1. Falafel – falafel, beetroot spread, rocket, haloumi, parsley
2. Roasted pumpkin – pumpkin, fetta, dukkha, balsamic glaze, rocket
3. Grilled vegetable – roasted antipasto veg, semi dried tomato, fetta, pesto
4. Teriyaki tofu – teriyaki glazed tofu, carrot, toasted sesame, cucumber, cos lettuce
5. Roasted pepper- chargrill capsicum, hummus, corn, asparagus, dill

\$5 **Toast bread** (Ham cheese & capsicum spread)

Buffet Lunch \$15/ppl or \$75/ppl for 5days

2 salad - 1 leafy, 1 filling

Use same as kiosk / day

2 stew - 1 meat, 1 Veg

meat

1. Beef Bourguignon
2. Chicken Cacciatore
3. Lamb Rogan josh
4. Italian Meat balls
5. Roast Pork Loin
6. Chicken Schnitzel

Veg

1. Cauliflower & Potato Curry
2. Gnocchi with cream sauce
3. Pesto penne
4. Vegetarian Lasagne
5. Ravioli with ratatouille
6. Singapore Noodles
7. Field Mushrooms with Chimichurri and Risoni Pasta
8. Rice